

CERTIFICATED & MANAGEMENT

High Desert & Inland Trust Custom PPO 1

Benefit Summary (For groups of 300 and above)
(Uniform Health Plan Benefits and Coverage Matrix)

Blue Shield of California

Effective: July 1, 2016

THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND IS A SUMMARY ONLY. THE EVIDENCE OF COVERAGE AND PLAN CONTRACT SHOULD BE CONSULTED FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS.

Highlights: A description of the prescription drug coverage is provided separately

	Participating Providers ¹	Non-Participating Providers ²
Calendar Year Medical Deductible (All providers combined)	\$200 per individual / \$400 per family	\$1,000 per individual / \$2,000 per family
Calendar Year Out-of-Pocket Maximum (Includes the calendar year medical deductible. Copayments or coinsurance for covered services from participating providers accrue to both the participating and non-participating provider calendar year out-of-pocket maximum amount.)	\$1,500 per individual / \$2,500 per family	\$2,000 per individual / \$4,000 per family
Lifetime Benefit Maximum	None	
Covered Services	Member Copayment	
OUTPATIENT PROFESSIONAL SERVICES	Participating Providers ¹	Non-Participating Providers ²
Professional (Physician) Benefits		
Physician and specialist office visits	\$10 per visit (not subject to the calendar year medical deductible)	30%
Outpatient diagnostic x-ray, imaging, pathology, laboratory and other testing services	\$10 per visit (not subject to the calendar year medical deductible)	30%
Radiological and nuclear imaging (CT scans, MRIs, MRAs, PET scans and cardiac diagnostic procedures utilizing nuclear medicine)	\$10 per visit (not subject to the calendar year medical deductible)	30%
Allergy Testing and Treatment Benefits		
Allergy testing, treatment and serum injections (separate office visit copayment may apply)	\$10 per visit (not subject to the calendar year medical deductible)	30%
Allergy serum purchased separately for treatment	No Charge (not subject to the calendar year medical deductible)	30%
Preventive Health Benefits¹¹		
Preventive health services (as required by applicable Federal and California law)	No Charge (not subject to the calendar year medical deductible)	Not Covered
OUTPATIENT FACILITY SERVICES		
Outpatient surgery performed at a free-standing ambulatory surgery center	10%	30% up to \$350 per day ³
Outpatient surgery performed in a hospital or a hospital affiliated ambulatory surgery center	10%	30% up to \$350 per day ³
Outpatient services for treatment of illness or injury and necessary supplies (except as described under "Rehabilitation Benefits" and "Speech Therapy Benefits")	10%	30% up to \$350 per day ³
Outpatient diagnostic x-ray, imaging, pathology, laboratory and other testing services	\$10 per visit (not subject to the calendar year medical deductible)	30% up to \$350 per day ³
Radiological and nuclear imaging (CT scans, MRIs, MRAs, PET scans and cardiac diagnostic procedures utilizing nuclear medicine)	\$10 per visit (not subject to the calendar year medical deductible)	30% up to \$350 per day ³
Bariatric surgery ⁴ (prior authorization is required; medically necessary surgery for weight loss, for morbid obesity only)	10%	30% up to \$350 per day ³

HOSPITALIZATION SERVICES		
Hospital Benefits (Facility Services)		
Inpatient physician services	10%	30%
Inpatient non-emergency facility services (semi-private room and board, and medically necessary services and supplies, including subacute care)	10%	30% up to \$600 per day ⁵
Bariatric surgery ⁴ (prior authorization is required; medically necessary surgery for weight loss, for morbid obesity only)	10%	30% up to \$600 per day ⁵
Inpatient Skilled Nursing Benefits^{6,7} (Coverage limited to 100 days per member per benefit period combined with hospital/free-standing skilled nursing facility)		
Free-standing skilled nursing facility	10%	10% ⁷
Skilled nursing unit of a hospital	10%	30% up to \$600 per day ⁵
EMERGENCY HEALTH COVERAGE		
Emergency room services not resulting in admission (copayment does not apply if the member is directly admitted to the hospital for inpatient services)	\$100 per visit (not subject to the calendar year medical deductible)	\$100 per visit (not subject to the calendar year medical deductible)
Emergency room services resulting in admission (when the member is admitted directly from the ER)	10%	10%
Emergency room physician services	10%	10%
AMBULANCE SERVICES		
Emergency or authorized transport (ground or air)	10%	10%
PRESCRIPTION DRUG COVERAGE		
Outpatient Prescription Drug Benefits A description of your outpatient prescription drug coverage is provided separately. If you do not have the separate drug summary that goes with this benefit summary, please contact your benefits administrator or call the Customer Service number on your identification card.		
PROSTHETICS/ORTHOTICS		
Prosthetic equipment and devices (separate office visit copayment may apply)	10%	30%
Orthotic equipment and devices (separate office visit copayment may apply)	10%	30%
DURABLE MEDICAL EQUIPMENT		
Breast pump	No Charge (not subject to the calendar year medical deductible)	Not Covered
Other durable medical equipment	10%	30%
MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES^{8,9}		
	MHSA Participating Providers¹	MHSA Non-Participating Providers²
Inpatient hospital services	10%	30% up to \$600 per day ⁵
Residential care	10%	30% up to \$600 per day ⁵
Inpatient physician services	10%	30%
Routine outpatient mental health and substance abuse services (includes professional/physician visits)	\$10 per visit (not subject to the calendar year medical deductible)	30%
Non-routine outpatient mental health and substance abuse services (includes behavioral health treatment, electroconvulsive therapy, intensive outpatient programs, office-based opioid treatment, partial hospitalization program, psychological testing and transcranial magnetic stimulation)	No Charge	30%
HOME HEALTH SERVICES¹⁰		
	Participating Providers¹	Non-Participating Providers²
Home health care agency services ⁶ (Coverage limited to 100 visits per member per calendar year. Non-participating home health care and home infusion are not covered unless pre-authorized. When these services are pre-authorized, you pay the participating provider member cost share)	10%	Not Covered ¹⁰
Home infusion/home injectable therapy and infusion nursing visits provided by a home infusion agency	10%	Not Covered ¹⁰
HOSPICE PROGRAM BENEFITS¹⁰		
Routine home care	No Charge	Not Covered ¹⁰
Inpatient respite care	No Charge	Not Covered ¹⁰
24-hour continuous home care	10%	Not Covered ¹⁰
Short-term inpatient care for pain and symptom management	10%	Not Covered ¹⁰