

Adelanto Child Nutrition

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/01/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN, WG BLUEBERRY	1 EA	1	245	25	114	2.57	1.19	9.9	49	1.19	19	3.07	40.55	7.81	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			505	30	279	7.57	1.55	329.9	724	44.99	71	11.07	99.55	7.81	0.00
% of Calories											56.0%	8.8%	78.8%	13.9%	0.0%
Nutrient Guideline			400-500		540										

Mon - 09/04/2017															
Breakfast in the Classroom	Total	1													
NO SCHOOL	1 EACH	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540										

Tue - 09/05/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BAGELFULS;STRAWBERRY	1 EACH	1	180	5	160	2.99	1.80	20.0	100	*N/A*	6	5.99	31.94	2.99	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
FRUIT PUNCH 100% JUICE	4 OZ	1	60	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			440	10	325	7.99	2.16	340.0	700	*43.80	58	13.99	90.94	2.99	0.00
% of Calories											52.8%	12.7%	82.7%	6.1%	0.0%
Nutrient Guideline			400-500		540										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Adelanto Child Nutrition

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/06/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PANCAKE CINN GLAZE WG	1 EA	1	220	10	260	2.00	1.44	100.0	0	0.0	0	4.0	35.0	7.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			491	15	426	7.15	1.72	424.9	638	38.77	50	13.63	96.66	7.20	0.00
% of Calories											40.9%	11.1%	78.7%	13.2%	0.0%
Nutrient Guideline			400-500		540										

Thu - 09/07/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN:MIXED BERRY	1 EACH	1	166	15	94	1.60	0.90	60.0	50	1.2	15	2.3	28.0	5.5	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	0.00
WITH	each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
BANANA	1 EACH	1	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			512	30	471	5.60	0.90	613.0	892	42.00	70	20.40	94.01	8.03	0.00
% of Calories											54.7%	15.9%	73.4%	14.1%	0.0%
Nutrient Guideline			400-500		540										

Fri - 09/08/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST BITES;GLAZED	1 EACH	1	260	0	190	3.00	1.44	80.0	0	1.2	14	5.0	38.0	10.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			531	5	357	8.15	1.72	394.9	613	39.97	65	13.63	100.66	10.20	0.00
% of Calories											49.1%	10.3%	75.8%	17.3%	0.0%
Nutrient Guideline			400-500		540										

Mon - 09/11/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST BITES;GLAZED	1 EACH	1	260	0	190	3.00	1.44	80.0	0	1.2	14	5.0	38.0	10.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			520	5	355	8.00	1.80	400.0	675	45.00	66	13.00	97.00	10.00	0.00
% of Calories											50.8%	10.0%	74.6%	17.3%	0.0%
Nutrient Guideline			400-500		540										

Tue - 09/12/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
EGG & CHEESE SAND, WG BUN	1 EACH	1	162	71	283	2.02	1.09	80.8	303	9.08	4	6.06	19.18	7.07	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
FRUIT PUNCH 100% JUICE	4 OZ	1	60	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			438	76	449	7.16	1.37	395.7	841	47.86	55	14.69	81.84	7.27	0.00
% of Calories											50.5%	13.4%	74.8%	14.9%	0.0%
Nutrient Guideline			400-500		540										

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Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/13/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
WAFFLES;MINI;BLUEBERRY SPL	1 EACH	1	210	0	170	3.00	0.72	20.0	0	0.0	12	4.0	37.0	6.0	0.00
ASH															
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			465	6	334	8.00	1.08	350.0	700	43.80	63	13.00	95.00	6.00	0.00
% of Calories											54.2%	11.2%	81.7%	11.6%	0.0%
Nutrient Guideline			400-500		540										

Thu - 09/14/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PANCAKE ON A STICK, WG	3.0 OZ	1	188	27	406	1.60	1.10	13.0	3	0.0	11	8.99	23.99	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			459	32	572	6.74	1.38	327.9	616	38.77	62	17.62	86.65	6.20	0.00
% of Calories											53.8%	15.4%	75.5%	12.1%	0.0%
Nutrient Guideline			400-500		540										

Fri - 09/15/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN; DOUBLE CHOC WG	1 EACH	1	227	30	124	3.08	0.99	3.5	47	0.2	18	3.77	39.69	5.95	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			487	35	289	8.08	1.35	323.5	722	44.00	70	11.77	98.69	5.95	0.00
% of Calories											57.8%	9.7%	81.0%	11.0%	0.0%
Nutrient Guideline			400-500		540										

Mon - 09/18/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PAN DULCE; VARIETY	1 EACH	1	200	5	90	2.00	1.80	40.0	0	0.0	8	5.0	34.0	6.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			460	10	255	7.00	2.16	360.0	675	43.80	60	13.00	93.00	6.00	0.00
% of Calories											52.2%	11.3%	80.9%	11.7%	0.0%
Nutrient Guideline			400-500		540										

Tue - 09/19/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST PIZZA SLIDER	1 EACH	1	164	15	289	1.65	0.65	234.9	236	5.22	2	9.26	14.67	8.26	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS, FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
FRUIT PUNCH 100% JUICE	4 OZ	1	60	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			440	20	456	6.80	0.93	549.9	774	43.99	53	17.89	77.33	8.46	0.00
% of Calories											48.3%	16.3%	70.3%	17.3%	0.0%
Nutrient Guideline			400-500		540										

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/20/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
TEXAS TOAST, WG	1 EA	1	201	0	262	2.01	1.45	20.1	101	3.62	7	4.02	26.15	10.06	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			456	5	426	7.01	1.81	350.1	801	47.42	58	13.02	84.15	10.06	0.00
% of Calories											50.9%	11.4%	73.8%	19.8%	0.0%
Nutrient Guideline			400-500		540										

Thu - 09/21/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BREAKFAST SANDWICH; SAU & CHEE	1 EA	1	157	25	368	1.40	1.10	105.0	96	0.0	3	9.8	15.1	6.2	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			453	30	520	11.55	1.74	439.9	734	20.77	56	18.43	84.76	6.40	0.00
% of Calories											49.1%	16.3%	74.8%	12.7%	0.0%
Nutrient Guideline			400-500		540										

Fri - 09/22/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN, WG BANANA	1 EA	1	228	30	114	3.47	1.09	7.4	52	1.19	19	3.87	39.69	5.95	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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Adelanto Child Nutrition

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			488	35	279	8.47	1.45	327.4	727	44.99	71	11.87	98.69	5.95	0.00
% of Calories											58.0%	9.7%	80.9%	11.0%	0.0%
Nutrient Guideline			400-500		540										

Mon - 09/25/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
CINNAMON ROLL	1 EACH	1	300	5	270	3.00	1.08	900.0	4500	1.2	24	5.0	54.0	8.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			560	10	435	8.00	1.44	1220.0	5175	45.00	76	13.00	113.00	8.00	0.00
% of Calories											54.3%	9.3%	80.7%	12.9%	0.0%
Nutrient Guideline			400-500		540										

Tue - 09/26/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
EGG & CHEESE SAND, WG BUN	1 EACH	1	162	71	283	2.02	1.09	80.8	303	9.08	4	6.06	19.18	7.07	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
FRUIT PUNCH 100% JUICE	4 OZ	1	60	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			438	76	449	7.16	1.37	395.7	841	47.86	55	14.69	81.84	7.27	0.00
% of Calories											50.5%	13.4%	74.8%	14.9%	0.0%
Nutrient Guideline			400-500		540										

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Adelanto Child Nutrition

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/27/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PANCAKE CINN GLAZE WG	1 EA	1	220	10	260	2.00	1.44	100.0	0	0.0	0	4.0	35.0	7.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			475	15	424	7.00	1.80	430.0	700	43.80	51	13.00	93.00	7.00	0.00
% of Calories											42.9%	10.9%	78.3%	13.3%	0.0%
Nutrient Guideline			400-500		540										

Thu - 09/28/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
BAGELFULS;STRAWBERRY	1 EACH	1	180	5	160	2.99	1.80	20.0	100	*N/A*	6	5.99	31.94	2.99	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
PEARS,FRESH	1 EACH	1	96	0	2	5.15	0.28	14.9	38	6.97	16	0.63	25.66	0.2	0.00
APPLE JUICE	1/2 CUP	1	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Weighted Daily Average			451	10	326	8.14	2.08	334.9	713	*38.77	57	14.62	94.61	3.19	0.00
% of Calories											50.7%	13.0%	83.9%	6.4%	0.0%
Nutrient Guideline			400-500		540										

Fri - 09/29/2017															
Breakfast in the Classroom	Total	1													
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MUFFIN, WG BLUEBERRY	1 EA	1	245	25	114	2.57	1.19	9.9	49	1.19	19	3.07	40.55	7.81	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1/2 CUP	1	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00
MILK, 1% w/vit A&D	carton	0	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00

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Adelanto Child Nutrition

Sep 1, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

Breakfast in the Classroom OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			505	30	279	7.57	1.55	329.9	724	44.99	71	11.07	99.55	7.81	0.00
% of Calories											56.0%	8.8%	78.8%	13.9%	0.0%
Nutrient Guideline			400-500		540										

Weighted Average			479	24	385	7.66	1.57	431.9	949	*42.52	62	14.17	93.05	7.09	0.00
											116.4%	11.8%	77.7%	13.3%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	479		400 - 500	100%				
Cholesterol (mg)	24							
Sodium (mg)	385		540					
Fiber (g)	7.66							
Iron (mg)	1.57							
Calcium (mg)	431.9							
Vitamin A (IU)	949							
Sugars (g)	62	51.73%						
Vitamin C (mg)	42.52				Missing			
Protein (g)	14.17	11.84%						
Carbohydrate (g)	93.05	77.74%						
Total Fat (g)	7.09	13.33%						
Trans Fat ¹ (g)	0.00	0.00%						

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