

Adelanto Child Nutrition

Mar 1, 2017 thru Mar 24, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/01/2017																
BREAKFAST OVS	Total	2														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BREAKFAST PIZZA BAGEL/#78	3.11 oz	1	192	15	383	0.90	1.59	217.0	365	3.8	4	11.65	23.16	5.71	3.01	0.00
976																
OR	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL MARSHMALLOW MAT	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
EYS																
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
WILDBERRY JUICE	1/2 CUP	2	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00	0.00
PEACHES, CANNED, IN PEAR	1/2 CUP	2	48	0	5	0.91	0.00	0.0	274	1.1	9	0.91	10.97	0.0	0.00	0.00
JUICE																
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			434	15	546	2.86	9.79	533.5	1532	41.10	55	17.74	79.05	5.10	2.25	0.00
% of Calories											50.4%	16.4%	72.9%	10.6%	4.7%	0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 03/02/2017																
BREAKFAST OVS	Total	2														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FRENCH TOAST BENEFIT BAR	1 EACH	1	289	25	200	2.99	1.80	39.9	105	0.0	21	4.99	46.92	8.98	2.50	0.00
OR	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL MARSHMALLOW MAT	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
EYS																
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	2	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
BANANA	1 EACH	2	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			540	20	450	7.00	9.90	455.0	1192	47.10	74	15.50	107.96	6.74	2.00	0.00
% of Calories											54.8%	11.5%	80.0%	11.2%	3.3%	0.0%
Nutrient Guideline			400-500		540											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Adelanto Child Nutrition

Mar 1, 2017 thru Mar 24, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/03/2017																
BREAKFAST OVS	Total	2														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CINNAMON ROLL	1 EACH	1	300	5	270	3.00	1.08	900.0	4500	1.2	24	5.0	54.0	8.0	1.50	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.00	0.00	0.00
CEREAL MARSHMALLOW MAT EYS	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.00	0.00	0.00
APPLE Fresh	1 EACH	2	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00	0.00
FRUIT PUNCH 100% JUICE	4 OZ	2	60	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			520	10	485	8.00	9.90	895.0	3350	50.70	73 55.8%	13.50 10.4%	105.50 81.2%	6.25 10.8%	1.50 2.6%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 03/06/2017																
BREAKFAST OVS	Total	3														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BREAKFAST SANDWICH; SAU & CHEE	1 EA	1	157	25	368	1.40	1.10	105.0	96	0.0	3	9.8	15.1	6.2	2.70	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.00	0.00	0.00
CEREAL:COCOA PUFFS	EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	2.03	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.00	0.00	0.00
WAFFLES;MINI;BLUEBERRY S PLASH	1 EACH	1	210	0	180	3.00	0.72	20.0	0	0.0	13	4.0	38.0	6.0	1.00	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.00	0.00	0.00
APPLESAUCE ,UNSWEETENED	1/2 CUP	3	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00	0.00
APRICOTS, DICED	1/2 CUP	3	60	0	10	0.00	0.00	0.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			367	17	417	3.34	2.11	382.0	646	3.96	41 45.1%	13.97 15.2%	65.38 71.3%	6.24 15.3%	2.41 5.9%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Adelanto Child Nutrition

Mar 1, 2017 thru Mar 24, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 03/07/2017																
BREAKFAST OVS	Total	3														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BREAKFAST PIZZA, WG SAUS	1 EACH	1	210	15	480	3.00	1.80	150.0	300	0.0	8	10.0	27.0	8.0	2.00	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	2.03	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BREAKFAST BITES;GLAZED	1 EACH	1	260	0	190	3.00	1.44	80.0	0	1.2	14	5.0	38.0	10.0	4.50	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
APPLE JUICE	1/2 CUP	3	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00	0.00
BANANA	1 EACH	3	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			459	13	464	6.67	2.58	407.7	782	42.80	57	15.37	86.34	8.18	3.34	0.00
% of Calories											50.0%	13.4%	75.3%	16.0%	6.6%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 03/08/2017																
BREAKFAST OVS	Total	3														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BREAKFAST SANDWICH	1 EACH	1	277	129	723	2.10	1.89	191.5	347	0.0	2	17.06	26.2	12.7	4.86	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	2.03	0.00
OR	1 serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
PAN DULCE;VARIETY	1 EACH	1	200	5	90	2.00	1.80	40.0	0	0.0	8	5.0	34.0	6.0	1.50	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
WILDBERRY JUICE	1/2 CUP	3	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00	0.00
PEACHES, CANNED, IN PEAR	1/2 CUP	3	48	0	5	0.91	0.00	0.0	274	1.1	9	0.91	10.97	0.0	0.00	0.00
JUICE																
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			404	53	515	2.95	2.73	408.2	1032	34.50	41	17.63	66.71	8.41	3.29	0.00
% of Calories											41.0%	17.5%	66.1%	18.8%	7.3%	0.0%
Nutrient Guideline			400-500		540										<10.00	

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Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/09/2017																
BREAKFAST OVS	Total	3														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BAGELFUL, CINNAMON	1 EACH	1	240	10	180	2.00	1.44	20.0	100	0.0	13	6.0	41.0	6.0	2.50	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL: COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	2.03	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
MUFFIN; DOUBLE CHOC WG	EACH	1	227	30	124	3.08	0.99	3.5	47	0.2	18	3.77	39.69	5.95	0.89	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	3	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
BANANA	1 EACH	3	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			458	22	341	6.36	2.31	348.8	756	42.47	59	14.62	90.57	6.16	2.31	0.00
% of Calories											52.0%	12.8%	79.2%	12.1%	4.5%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Fri - 03/10/2017																
BREAKFAST OVS	Total	3														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CRUMB SQUARE, WG	3.6 OZ	1	283	32	215	3.00	1.20	16.0	0	0.01	24	3.4	47.0	9.0	1.20	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL: COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	2.03	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CINNAMON ROLL	1 EACH	1	300	5	270	3.00	1.08	900.0	4500	1.2	24	5.0	54.0	8.0	1.50	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FRUIT PUNCH 100% JUICE	4 OZ	3	60	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
APPLE Fresh	1 EACH	3	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			471	21	401	7.67	2.62	656.3	2168	45.80	62	12.17	91.34	7.84	2.07	0.00
% of Calories											52.6%	10.3%	77.5%	15.0%	4.0%	0.0%
Nutrient Guideline			400-500		540										<10.00	

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Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/13/2017																
BREAKFAST OVS	Total	2														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
WAFFLES;MINI;BLUEBERRY S	1 EACH	1	210	0	180	3.00	0.72	20.0	0	0.0	13	4.0	38.0	6.0	1.00	0.00
PLASH	OR	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL MARSHMALLOW MAT	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
EYS	WITH	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
APPLESAUCE ,UNSWEETENED	1/2 CUP	2	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00	0.00
APRICOTS, DICED	1/2 CUP	2	60	0	10	0.00	0.00	0.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			442	8	435	4.21	9.36	444.3	1046	8.66	57	13.00	87.51	5.25	1.25	0.00
% of Calories											51.7%	11.8%	79.1%	10.7%	2.5%	0.0%
Nutrient Guideline			400-500		540											<10.00

Tue - 03/14/2017																
BREAKFAST OVS	Total	2														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BREAKFAST APPLE CHEWY B	1 EACH	1	299	19	226	5.50	1.98	80.0	400	0.6	23	4.8	50.79	10.1	1.00	0.00
AR	OR	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL MARSHMALLOW MAT	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
EYS	WITH	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BANANA	1 EACH	2	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			490	17	449	8.25	9.99	465.0	1240	17.40	61	14.40	95.89	7.30	1.25	0.00
% of Calories											49.7%	11.8%	78.3%	13.4%	2.3%	0.0%
Nutrient Guideline			400-500		540											<10.00

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Adelanto Child Nutrition

Mar 1, 2017 thru Mar 24, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/15/2017																
BREAKFAST OVS	Total	2														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BREAKFAST SCONE;CRAN OR ANGE	1 EACH	1	274	11	182	3.50	1.62	110.0	150	3.0	21	3.9	49.1	7.5	2.90	0.00
OR	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL MARSHMALLOW MAT EYS	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
WILDBERRY JUICE	1/2 CUP	2	60	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00	0.00
PEACHES, CANNED, IN PEAR JUICE	1/2 CUP	2	48	0	5	0.91	0.00	0.0	274	1.1	9	0.91	10.97	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			475	13	445	4.16	9.81	480.0	1424	40.70	63	13.86	92.02	6.00	2.20	0.00
% of Calories											53.1%	11.7%	77.6%	11.4%	4.2%	0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 03/16/2017																
BREAKFAST OVS	Total	2														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BREAKFAST BURRITO	1 EACH	1	293	98	901	3.00	1.37	286.3	583	1.8	3	14.38	33.8	11.23	3.14	*0.00
OR	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL MARSHMALLOW MAT EYS	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
ORANGE JUICE (DRIFTWOOD)	1/2 CUP	2	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
BANANA	1 EACH	1	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			486	57	800	5.00	9.68	578.2	1411	43.50	54	19.69	86.90	7.86	2.32	*0.00
% of Calories											44.7%	16.2%	71.5%	14.5%	4.3%	*0.0%
Nutrient Guideline			400-500		540											<10.00

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Adelanto Child Nutrition

Mar 1, 2017 thru Mar 24, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/17/2017																
BREAKFAST OVS	Total	2														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
MUFFIN;BANANA CHOC CHIP	1 EACH	1	167	14	100	1.50	0.90	70.0	50	0.0	15	2.4	28.2	5.5	1.10	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL MARSHMALLOW MAT EYS	1 EACH	1	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FRUIT PUNCH 100% JUICE	4 OZ	2	60	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
PEARS: canned,light syrup	1/2 cup	1	55	0	5	1.83	0.00	0.0	55	0.0	11	0.0	14.63	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			401	15	402	3.16	9.45	460.0	1052	38.10	57 56.4%	12.20 12.2%	77.92 77.7%	5.00 11.2%	1.30 2.9%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 03/20/2017																
BREAKFAST OVS	Total	2														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
PAN DULCE;VARIETY	1 EACH	1	200	5	90	2.00	1.80	40.0	0	0.0	8	5.0	34.0	6.0	1.50	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	2.03	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
APPLESAUCE ,UNSWEETENED	1/2 CUP	2	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00	0.00
APRICOTS, DICED	1/2 CUP	2	60	0	10	0.00	0.00	0.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			413	15	391	3.21	3.15	525.8	898	5.66	47 45.7%	16.55 16.0%	75.02 72.7%	6.27 13.7%	2.51 5.5%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

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Adelanto Child Nutrition

Mar 1, 2017 thru Mar 24, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 03/21/2017																
BREAKFAST OVS	Total	2														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BREAKFAST PIZZA BAGEL/#78	3.11 oz	1	192	15	383	0.90	1.59	217.0	365	3.8	4	11.65	23.16	5.71	3.01	0.00
976																
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	2.03	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
APPLE JUICE	1/2 CUP	2	55	0	15	0.00	0.00	0.0	75	30.0	15	0.0	15.0	0.0	0.00	0.00
BANANA	1 EACH	1	110	0	1	4.00	0.00	0.0	40	9.0	21	1.0	29.0	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			411	20	543	3.45	3.04	605.0	1129	41.50	49	20.37	72.09	6.12	3.27	0.00
% of Calories											47.2%	19.8%	70.1%	13.4%	7.1%	0.0%
Nutrient Guideline			400-500		540											<10.00

Wed - 03/22/2017																
BREAKFAST OVS	Total	2														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BREAKFAST SAUSAGE BISCUIT	1 EACH	1	292	14	638	2.10	1.87	192.5	173	0.0	6	14.06	29.2	13.7	7.86	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	2.03	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
WILDBERRY JUICE	1 EACH	1	90	0	22	0.00	0.00	0.0	110	45.0	22	0.0	22.0	0.0	0.00	0.00
PEACHES, CANNED, IN PEAR JUICE	1/2 CUP	2	48	0	5	0.91	0.00	0.0	274	1.1	9	0.91	10.97	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			444	19	671	2.96	3.18	592.7	1267	28.70	44	21.99	67.58	10.12	5.69	0.00
% of Calories											39.6%	19.8%	60.9%	20.5%	11.5%	0.0%
Nutrient Guideline			400-500		540											<10.00

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Adelanto Child Nutrition

Mar 1, 2017 thru Mar 24, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/23/2017																
BREAKFAST OVS	Total	2														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BREAKFAST COUNTRY STEAK	1 EACH	1	273	25	646	3.04	1.83	63.1	0	0.0	2	14.94	18.96	14.68	3.28	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	2.03	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
APRICOTS, DICED	1/2 CUP	2	60	0	10	0.00	0.00	0.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
PEARS: canned,light syrup	1/2 cup	2	55	0	5	1.83	0.00	0.0	55	0.0	11	0.0	14.63	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			457	25	674	4.35	3.16	528.0	906	5.10	44	21.52	69.12	10.60	3.40	0.00
% of Calories											38.4%	18.8%	60.5%	20.9%	6.7%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Fri - 03/24/2017																
BREAKFAST OVS	Total	2														
CHOICE OF:	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BREAKFAST BITES;GLAZED	1 EACH	1	260	0	190	3.00	1.44	80.0	0	1.2	14	5.0	38.0	10.0	4.50	0.00
OR	serving	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CEREAL:COCOA PUFFS	1 EACH	1	110	0	160	2.00	4.50	100.0	500	6.0	8	2.0	25.0	1.5	0.00	0.00
CHEESE, STRING	1 oz	1	61	10	213	0.00	0.00	243.0	202	0.0	0	8.1	1.01	2.53	2.03	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
APPLESAUCE , UNSWEETENED	1/2 CUP	2	47	0	0	1.21	0.00	9.3	46	0.56	11	0.0	13.01	0.0	0.00	0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	2	63	0	5	1.39	0.36	0.0	298	2.39	13	0.47	15.92	0.0	0.00	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average			445	13	436	5.10	3.33	545.8	1196	8.64	52	17.02	78.93	8.27	4.01	0.00
% of Calories											46.8%	15.3%	70.9%	16.7%	8.1%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Weighted Average			451	21	493	4.93	5.89	517.3	1279	30.35	55	16.17	83.10	7.10	2.58	*0.00
											109.8%	14.3%	73.7%	14.2%	5.1%	*0.0%

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Adelanto Child Nutrition

Mar 1, 2017 thru Mar 24, 2017

Base Menu Spreadsheet

BREAKFAST OVS

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	451		400 - 500	100%													
Cholesterol (mg)	21																
Sodium (mg)	493		540														
Fiber (g)	4.93																
Iron (mg)	5.89																
Calcium (mg)	517.3																
Vitamin A (IU)	1279																
Sugars (g)	55	48.80%															
Vitamin C (mg)	30.35																
Protein (g)	16.17	14.35%															
Carbohydrate (g)	83.10	73.72%															
Total Fat (g)	7.10	14.16%															
Saturated Fat (g)	2.58	5.14%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.