

# Adelanto Child Nutrition

Jun 1, 2017 thru Jun 9, 2017

Base Menu Spreadsheet

AFTER SCHOOL SNACK

Portion Values - Detailed

Page 1

Generated on: 5/30/2017 4:17:59 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 06/01/2017															
AFTER SCHOOL SNACK	Total	1													
STRAWBERRY DINOSAUR GRAHAM	1 EACH	1	121	0	96	1.01	2.03	15.2	352	4.05	7	1.01	20.25	3.04	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			361	15	396	1.01	2.03	665.2	1352	8.25	41	19.01	56.25	5.54	0.00
% of Calories											45.5%	21.0%	62.2%	13.8%	0.0%
Nutrient Guideline			250		540										

Fri - 06/02/2017															
AFTER SCHOOL SNACK	Total	1													
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE JUICE (6OZ)	6 OZ	1	82	0	23	0.00	0.00	0.0	110	45.0	22	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1 EACH	1	90	0	22	0.00	0.00	0.0	110	45.0	22	0.0	22.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			272	4	215	1.00	0.36	20.0	220	90.00	44	3.00	58.00	3.50	0.00
% of Calories											64.7%	4.4%	85.3%	11.6%	0.0%
Nutrient Guideline			250		540										

Mon - 06/05/2017															
AFTER SCHOOL SNACK	Total	1													
MARSHMALLOW CRISPY SQR 1.6oz	1 EA	1	181	0	232	0.00	2.72	0.0	202	0.0	14	2.02	33.26	4.03	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			421	15	532	0.00	2.72	650.0	1202	4.20	48	20.01	69.26	6.53	0.00
% of Calories											45.7%	19.0%	65.7%	13.9%	0.0%
Nutrient Guideline			250		540										

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Adelanto Child Nutrition

Jun 1, 2017 thru Jun 9, 2017

Base Menu Spreadsheet

AFTER SCHOOL SNACK

Portion Values - Detailed

Page 2

Generated on: 5/30/2017 4:17:59 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 06/06/2017															
AFTER SCHOOL SNACK	Total	1													
CHEEZ-IT, WHOLE GRAIN	1 EACH	1	100	5	150	1.00	0.72	100.0	500	0.0	0	2.0	14.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			340	20	450	1.00	0.72	750.0	1500	4.20	34	20.00	50.00	6.00	0.00
% of Calories											40.0%	23.5%	58.8%	15.9%	0.0%
Nutrient Guideline			250		540										

Wed - 06/07/2017															
AFTER SCHOOL SNACK	Total	1													
CRAISINS CHERRY	EACH 1.1 6 OZ	1	110	0	0	3.00	0.00	0.0	0	0.0	*N/A*	0.0	28.01	0.0	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			350	15	300	3.00	0.00	650.0	1000	4.20	*34	18.00	64.01	2.50	0.00
% of Calories											*38.9%	20.6%	73.1%	6.4%	0.0%
Nutrient Guideline			250		540										

Thu - 06/08/2017															
AFTER SCHOOL SNACK	Total	1													
MAPLE WAFFLE GRAHAM	1 EA	1	109	0	114	1.98	1.98	12.8	324	3.95	7	1.98	19.75	3.46	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
MILK, 1% w/vit A&D	carton	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	0.00
MILK, NON FAT CHOC	carton	1	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			349	15	414	1.98	1.98	662.8	1324	8.15	41	19.97	55.75	5.96	0.00
% of Calories											46.9%	22.9%	64.0%	15.4%	0.0%
Nutrient Guideline			250		540										

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Adelanto Child Nutrition

Jun 1, 2017 thru Jun 9, 2017

Base Menu Spreadsheet

AFTER SCHOOL SNACK

Portion Values - Detailed

Page 3

Generated on: 5/30/2017 4:17:59 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 06/09/2017															
AFTER SCHOOL SNACK	Total	1													
GOLDFISH CRACKERS, WHOLE GRAIN	1 EACH	1	100	4	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	0.00
WITH	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
APPLE JUICE (6OZ)	6 OZ	1	82	0	23	0.00	0.00	0.0	110	45.0	22	0.0	22.0	0.0	0.00
WILDBERRY JUICE	1 EACH	1	90	0	22	0.00	0.00	0.0	110	45.0	22	0.0	22.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			272	4	215	1.00	0.36	20.0	220	90.00	44	3.00	58.00	3.50	0.00
% of Calories											64.7%	4.4%	85.3%	11.6%	0.0%
Nutrient Guideline			250		540										

Weighted Average			338	13	360	1.28	1.17	488.3	974	29.86	*41	14.71	58.75	4.79	0.00
											*108.8	17.4%	69.5%	12.8%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	338		250	135%				
Cholesterol (mg)	13							
Sodium (mg)	360		540					
Fiber (g)	1.28							
Iron (mg)	1.17							
Calcium (mg)	488.3							
Vitamin A (IU)	974							
Sugars (g)	41	48.38%			Missing			
Vitamin C (mg)	29.86							
Protein (g)	14.71	17.42%						
Carbohydrate (g)	58.75	69.54%						
Total Fat (g)	4.79	12.75%						
Trans Fat <sup>1</sup> (g)	0.00	0.00%						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.