

Adelanto Child Nutrition

Jun 1, 2017 thru Jun 9, 2017

Base Menu Spreadsheet

VM FFVP

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/01/2017															
VM FFVP	Total	1													
MANGO CHUNKS	1 EA	1	39	0	1	1.09	0.07	7.3	454	16.57	9	0.36	10.18	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			39	0	1	1.09	0.07	7.3	454	16.57	9	0.36	10.18	0.00	0.00
% of Calories											89.7%	3.7%	104.7%	0.0%	0.0%
Nutrient Guideline			100		540										

Fri - 06/02/2017															
VM FFVP	Total	1													
BLUEBERRIES;6OZ	1 EACH	1	98	0	1	4.14	0.41	0.0	57	16.55	17	1.26	24.14	0.57	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			98	0	1	4.14	0.41	0.0	57	16.55	17	1.26	24.14	0.57	0.00
% of Calories											70.6%	5.2%	98.8%	5.3%	0.0%
Nutrient Guideline			100		540										

Mon - 06/05/2017															
VM FFVP	Total	1													
EDAMAME, FRESH	1 EACH	1	102	0	6	3.00	2.16	60.0	0	5.4	3	9.0	9.0	3.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			102	0	6	3.00	2.16	60.0	0	5.40	3	9.00	9.00	3.00	0.00
% of Calories											11.8%	35.3%	35.3%	26.5%	0.0%
Nutrient Guideline			100		540										

Tue - 06/06/2017															
VM FFVP	Total	1													
MANGO & COCONUT SLICE	1 EACH	1	120	0	5	3.00	0.72	0.0	1000	12.0	6	1.0	9.0	10.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			120	0	5	3.00	0.72	0.0	1000	12.00	6	1.00	9.00	10.00	0.00
% of Calories											20.0%	3.3%	30.0%	75.0%	0.0%
Nutrient Guideline			100		540										

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)
Wed - 06/07/2017															
VM FFVP	Total	1													
NECTARINES,FRESH	1 EACH	1	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.00
% of Calories											71.7%	9.6%	95.9%	6.5%	0.0%
Nutrient Guideline			100		540										

Thu - 06/08/2017															
VM FFVP	Total	1													
APRICOT	1 EA	1	110	0	3	2.00	0.36	0.0	1200	153.0	23	1.0	25.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			110	0	3	2.00	0.36	0.0	1200	153.00	23	1.00	25.00	0.00	0.00
% of Calories											83.6%	3.6%	90.9%	0.0%	0.0%
Nutrient Guideline			100		540										

Fri - 06/09/2017															
VM FFVP	Total	1													
APPLE Fresh	1 EACH	1	80	0	0	5.00	0.36	20.0	100	12.0	17	0.0	22.0	0.0	0.00
Signature of Server	1 each	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00
Weighted Daily Average			80	0	0	5.00	0.36	20.0	100	12.00	17	0.00	22.00	0.00	0.00
% of Calories											85.0%	0.0%	110.0%	0.0%	0.0%
Nutrient Guideline			100		540										

Weighted Average			87	0	2	2.93	0.64	13.6	466	31.84	12	2.01	16.24	2.00	0.00
											126.8%	9.2%	74.7%	20.7%	0.0%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	87			100	87%			13									Correction Required - Calories are Low
Cholesterol (mg)	0																
Sodium (mg)	2			540													
Fiber (g)	2.93																
Iron (mg)	0.64																
Calcium (mg)	13.6																
Vitamin A (IU)	466																
Sugars (g)	12	56.34%															
Vitamin C (mg)	31.84																
Protein (g)	2.01	9.25%															
Carbohydrate (g)	16.24	74.72%															
Total Fat (g)	2.00	20.72%															
Trans Fat ¹ (g)	0.00	0.00%															

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